



SPRING 2025

NEWSLETTER

Making a positive difference
to lives impacted by cancer



Hello!

Hello to everyone in the Lingen Davies community. Whether you're a patient, former patient, long-term supporter, volunteer, a new recipient of our newsletter, or are simply curious about the charity and what we do – thank you for your support.

Last year Lingen Davies marked 45 years of making a difference to those impacted by cancer throughout Shropshire, Telford and Mid Wales.

This year we are looking ahead to grow all areas of our work, support, impact, and ultimately our fundraising - without which we cannot continue delivering our cancer awareness programme, holistic therapies for those living with and beyond, nor ensure technology and equipment available in the Lingen Davies Cancer Centre remains state of the art.

I hope you enjoy reading this newsletter and look forward to seeing you at an upcoming event soon.

Naomi Atkin

CEO



Lingen Davies spent £1 million on cancer services in the last year!

In the last year, we have spent nearly £1 million on cancer services throughout Shropshire, Telford and Wrekin, and Mid Wales. From new technology for radiotherapy treatment to a breadth of wellbeing programmes, we have poured hundreds of thousands into different projects and services across the region to ensure our community lives well - with and beyond cancer.



Our Impact



Investments

In 2024 we invested £1,000,000 on projects, services, and equipment to benefit our community. This included £466,000 on state-of-the-art Surface Guided Radiotherapy Treatment for radiotherapy patients, and a humble £4 thermometer that will help chemotherapy patients monitor their temperature – giving them the best chance of staying well.

Projects for Patients

2024 was a pilot year for our projects in the community. Building on the overwhelming success of our iCan Cancer Rehabilitation programme we also funded free-to-access yoga, tai-chi, horticultural therapy, wild swimming, Renew and Restore in Nature opportunities, sound baths, dance classes and more. Feedback has been hugely positive and we will be delivering many of these programmes again.



LiveLife Cancer Awareness

Since launching our LiveLife Cancer Awareness Service and the Cancer Champions programme to recruit volunteers across our region to join us and continue the conversations around cancer, we are proud to have trained 677 people to date. That means more people in our community are having everyday conversations with peers – all helping to raise awareness about the signs and symptoms, importance of attending cancer screening, and encouraging more people to seek an early diagnosis.

Bins 4 Boys

B4B was launched in the autumn after the majority of premises in Bishops Castle pledged to support our awareness raising service. We want public venues to join in by adding a dedicated sanitary bin into their men's toilets – helping to reduce any stigma, worry or concern from men left with ongoing health concerns following their cancer diagnosis. This is a key community project and we want as many people as possible to join in.



Events

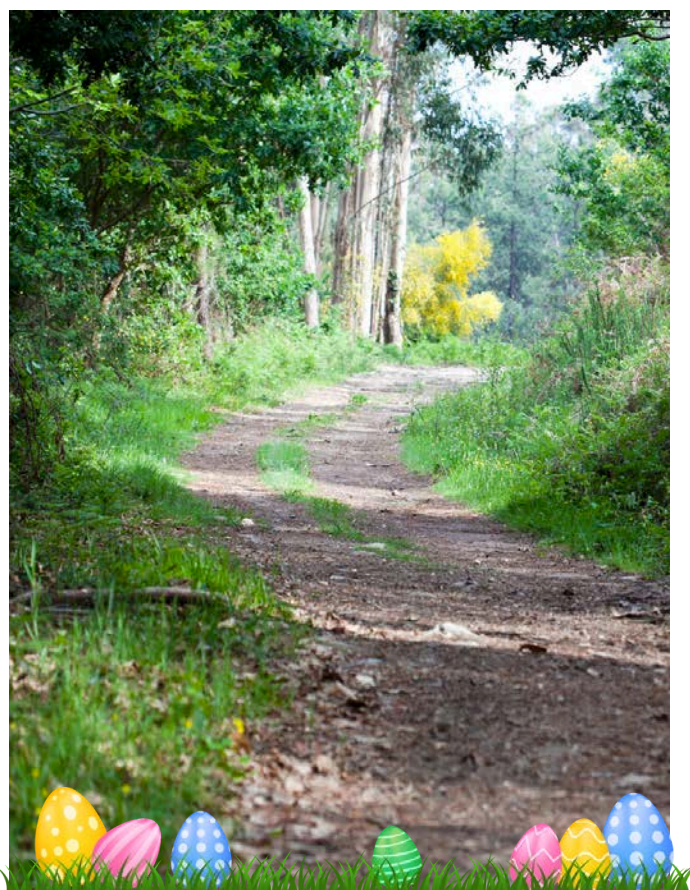
At Lingen Davies Cancer Fund we really like to put the fun in fundraising – and we truly believe our action-packed events programme has something for everyone. Whether you're seeking out the physical challenge of a lifetime, want to enjoy beautiful open gardens, are something of a pro on the golf course, or you fancy dodging the rainbows on our colour run – we have something for you.



Spring Walk

April 6th 2025 - Eaton Manor, Church Stretton

Join us for a walk in the stunning south Shropshire countryside this spring. Families can explore our Easter trail and craft corner, with tea and cake on offer too.



ColourFest 2025



May 17th 2025 - Telford, Powys and Shrewsbury

We're hosting our Shrewsbury, Telford and Mid Wales Colour Runs on the SAME DAY, turning the region into one giant rainbow and we want you to join us.



Thank You



Fabulous Fundraising

Thanks to Lin Arthan from St Martins who recently held a musical evening in memory of her brother Graham. The event 'A Bit of a Do' was held last month in St Martins Institute.

Sadly Graham Arthan lost his life in July 2018, 18 months after being diagnosed with cancer. He had already undertaken some fundraising for us and Lin chose to continue in his honour 'because that's what he would have wanted'.

Thanks to everyone involved for the £2,300 donation



Danny Update

Many of you will recognise Danny Lloyd-Jones (pictured left with his wife Cherida) who was diagnosed with bowel cancer at the age of 31. Following more than 60 rounds of treatment Danny is now following a course of ablation which is proving very successful. Visit our website stories for more...

Derek's Story

Derek is a new face to the charity and he kindly shared his story with us after taking part in the free to access tai chi sessions running at the Chinese Cultural Centre in Telford. Derek underwent treatment for prostate cancer and is a firm believer in not taking no for an answer... See the stories on our website for more.

Horticultural Therapy: 'An absolute lifesaver for me'

Deanne has been taking part in our free to access horticultural therapy programme and credits the courses with 'saving her life'. Watch her video here.



SCAN ME



Corporate Corner

We're so very grateful to our corporate supporters for standing with us and helping to make a positive difference to lives impacted by cancer throughout our region.

See the website for more details but thanks in particular to Lyreco, Lowfield Timber and SJ Roberts Construction, Radar Media, Cotteswold Dairy and customers, Pipekit, Pave Aways, Welshpool Livestock Market, Coed-Y-Dinas, Brookbanks Consulting and more!



Help us make a big difference

- Become a Friend of Lingen Davies
- Organise your own fundraiser
- Volunteer
- Take on a challenge
- Attend one of our events
- Spread the word about our work
- Follow us on Social Media

Visit our website to read more about our news, events and supporters... and find out just what these lovely ladies did to raise £2,375!!



SCAN ME



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